



**Ways to Stay Healthy, Active and Connected**  
***How the Individuals We Serve are Staying Safe and Connected in our Community***

**Hang Out with a Pet**

Cindy is enjoying time with her kitties while catching up on her TV shows



**Send Out Cards**

Kimberly is sending out cards to her family and friends



**Play Virtual Games with Friends**

Kevin downloaded the app House Party to play games with his friends

**Enjoy a Puzzle**

Sofia is putting together puzzles while hanging out with her dog



**Order Delivery**

Bill is supporting local and ordering delivery to eat safely at home



**Write Good Thoughts**

Gerald is writing happy thoughts to stay positive and watching Deal or No Deal every day